

Pausing to give thanks to 'everyday heroes'

Editor, The News:

All of us are so busy in our distracted and hurry-scurry daily activities that we never take the time to think about the part that the emergency services personnel play in our lives, be it the police, the firefighters, the paramedics, or even our Armed Forces that defend our borders – and people in other countries who can only dream of a lifestyle like ours.

I find it a very sobering moment when I see a police officer rush into a burning building risking his life to save someone; or the firefighters risking their lives to save our property; or a **paramedic** struggling to keep a person alive regardless of the risk involved; or our soldiers willing to give up their lives for others.

These people are our everyday heroes. They take it all in stride and never ask for anything in return.

It makes me stop and think. All I can say is thank you for being there for all of us.

Myron Neville

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