
NEWS RELEASE

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BC Ambulance Service

MOTHER SAVES DAUGHTER'S LIFE

CLOVERDALE –The British Columbia Ambulance Service (BCAS) will present Adrienne Copeland with a Vital Link Award on April 16, to recognize her for the life saving actions of Cardio Pulmonary Resuscitation (CPR) which she performed on her 17 year old daughter.

“On behalf of the Province, I’d like to commend Adrienne for her courage and the application of CPR,” said George Abbott, Minister of Health. “She proves that CPR can truly provide the gift of life and I encourage all British Columbians to learn this important skill.”

On March 14, Adrienne Copeland and her daughter Jordan were preparing to take their horses into the barn. Adrienne was a few feet away when she heard her daughter scream. She ran to the muddy ring and found Jordan face down in a puddle and when she turned her over she was making a gurgling sound and was unresponsive. Adrienne, a group fitness instructor, yelled for help but there was no one around. Recognizing that Jordan needed help immediately, Adrienne ran to retrieve her cell phone and called 911. Once she had called for help she was able to continue with CPR until BCAS paramedics arrived.

“Adrienne’s performance during this emergency took great courage,” said Michael Sanderson, BCAS Executive Director for Lower Mainland. “Had she not acted so quickly, her daughter’s outcome would have been quite different. It was her quick action, level headedness, and knowledge that ultimately saved Jordan’s life.”

With most out-of-hospital cardiac arrests occurring at home and to a family member, early recognition, early access to medical help (calling 911) and early bystander CPR are critical to positive patient outcomes.

“I knew that she needed an ambulance right away and with no one else at the barn I had to leave her side briefly to call for help,” said Adrienne Copeland. “I gave her two quick breaths, ran for my phone and ran back in time to give her two more quick breaths before starting compressions. You do what you have to do to help someone that needs it; especially when it’s your child.”

The award will be presented on April 16 at 5:00 pm at BCAS station 253 in Cloverdale by BCAS Superintendent Kevin Urton and Unit Chief Andrew Billing.

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