



British Columbia Ambulance Service

December 10, 2008

Paramedic: Self-Screening Questionnaire

Choosing a career as a paramedic is an exciting opportunity to be a trusted and respected member of your community and make a positive difference in the lives of others. There is a great sense of satisfaction that comes with applying professional skills in such a meaningful way. However, the job is not for everyone. Being the vital link for BC's people and communities can be emotionally and physically challenging. Read on to understand the inherent realities of the position and decide if you have what it takes to rush towards a tragedy when others are running away.

The following self-assessment survey has been established to help you determine whether a career as a paramedic is right for you. Each of the following statements describes an important quality, characteristic or consideration required of a paramedic. Consider these statements carefully, and be honest with yourself.

Note: This tool has been developed for your personal benefit. We ask that you please refrain from sending the results of your survey to the BC Ambulance Service.

Statement	Yes	No
1. I would enjoy working in an environment that helps people in crisis situations.		
2. I manage extreme situations with calmness and leadership.		
3. I am fit and motivated to stay fit.		
4. I am able to work in a very physically demanding job.		
5. I am able to work long hours.		
6. I am a good communicator.		
7. I am a good team member and I also work well by myself.		
8. I have a genuine desire to give back to my community.		
9. I am committed to ongoing learning and professional development.		
10. I am willing and able to work shift work.		
11. I am a caring, tolerant and non judgmental person who enjoys working with people from diverse backgrounds.		
12. I appreciate the need to adhere to workplace procedures.		